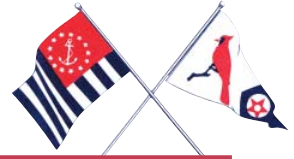


Galley Gossip

COLUMBUS
SAIL AND POWER
SQUADRON



A UNIT OF UNITED STATES POWER SQUADRONS

JANUARY 2009

VOL. 46, NO. 9

DISTRICT 29

www.columbussailandpower.org



ELECTIONS Night 8 JANUARY, 2009 Scioto Boat Club 3232 INDIAN VILLAGE Rd Columbus, OH 43221

TIME: 6:30pm - 7:15pm Social Hour
7:30pm dinner/ELECTIONS/PRESENTATION

MENU: Hoggy's FAMOUS BBQ Pulled Pork and BBQ Pulled Chicken;
MAC-N-CHEESE, BAKED BEANS, GARDEN SALAD, DESSERTS

DRINKS: BYOD (bring your own drinks). This facility is inside city park area
WHERE ALCOHOL IS PROHIBITED. You can bring your own and drink it
in a plastic cup. We will have no drinks of any kind available.

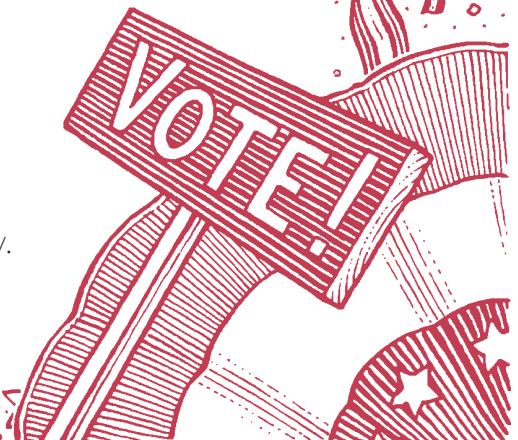
PRICE: \$14 PER PERSON

PRESENTATION: DOUG & PAM JACKSON will PRESENT THE NORTH CHANNEL
AND ALL IT HAS TO OFFER.

DRESS: BUSINESS CASUAL

RSVP: To MICHAEL HUGHES AT
614-488-4758 OR
mtbuckets@aol.com BEFORE 5 JANUARY.

VOTE!!

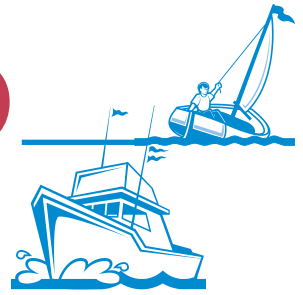




Galley Gossip

COLUMBUS SAIL AND POWER SQUADRON

Official Publication of Columbus Sail & Power Squadron



Cdr Larry R. Whiting, P

Commander

Lt David R. Fannon, AP

Editor

Chartered 1940 • Hdq.: 8492 Cotter St., Lewis Center, Ohio 43035-7139 • 614-384-0245 • bdmichael@core.com

CALENDAR OF COMING EVENTS

JANUARY

| | | |
|-------|-----------|---|
| 8 | Thursday | Dinner Meeting & Elections - TBA |
| 10-18 | Sat.-Sun. | Boat Show - Fairgrounds |
| 12 | Monday | Instructor Qualification - 6:30 pm - HQ |
| 27 | Tuesday | Executive Committee Meeting - HQ |
| 30 | Friday | GG articles due for March issue |

FEBRUARY

| | | |
|-------|-------------|---------------------------------------|
| 7 | Saturday | Change of Watch |
| 12-15 | Thurs.-Sun. | Boat Show - Fairgrounds |
| 12-22 | Tues.-Sun. | National Annual Meeting - Anaheim, CA |
| 23 | Monday | Public Boating Class begins |
| 24 | Tuesday | Executive Committee Meeting - HQ |
| 27 | Friday | GG articles due for April issue |

2008-2009 EXECUTIVE COMMITTEE COLUMBUS SAIL AND POWER SQUADRON

A Unit of United States Power Squadrons • 1185-29 • Chartered 1940
HEADQUARTERS: 8492 Cotter St., Lewis Center, Ohio 43035-7139 • 614-384-0245
bdmichael@core.com

| | | |
|------------------------|-------------------------------|--------------|
| Commander | Cdr Larry Whiting, P | 614 761-2064 |
| Executive Officer | Lt/C Robert L. Prior, S | 614 457-6772 |
| Educational Officer | Lt/C Dave Clark, AP | 614 891-4120 |
| Administrative Officer | Lt/C Michael Hughes, JN | 614 488-4758 |
| Secretary | Lt/C Steven Smith, JN | 614 890-5864 |
| Treasurer | Lt/C John Mattis, S | 614 761-8819 |
| Imed. Past Cdr | P/C David R. Michael, P | 614 202-1312 |
| Ch/Rules/Com | P/C Robert Van der Wissel, AP | 614 570-0055 |
| Member-at-Large | Lt Pam Carr-Jackson, P | 614 895-0435 |
| Member-at-Large | Lt Wade Grosz, AP | 614 889-0934 |
| Member-at-Large | Lt Tracy Garrett, S | 614 488-4758 |
| Member-at-Large | Lt Ron Hupman, S | 614 291-0248 |
| Member-at-Large | Lt Jim Igo, S | 614 766-5778 |
| Member-at-Large | Lt Doug Jackson, JN | 614 895-0435 |
| Member-at-Large | Lt Ron Lavelly, JN | 614 879-7388 |
| Member-at-Large | Lt Jeff Mirgon, S | 614 207-2650 |
| Member-at-Large | Lt Sue Nadolson, AP | 740 397-8385 |

Secretary
Lt/C Steven Smith, JN

Photography
Lt Jeff Mirgon, S

Distribution
Excelsior Printing Co.

Note: The Post Office does not forward or return to sender 3rd Class Mail. Therefore, we have no way to know if you are not receiving your CSPS mailings unless you tell us. Mail name or address changes to: Lt/C Steve Smith, 535 Pointview Dr., Westerville, OH 43081.

"GALLEY GOSSIP" is published monthly for the members of the Columbus Sail and Power Squadron. **Deadline for receiving articles is the first of the month for the following month's publication.** Articles of information can be e-mailed to: dfannon@xlc.com.

CSPS Web Site:
www.columbussailandpower.org



Articles, opinions and advertisements do not necessarily reflect USPS policy or endorsement unless so designated.

COMMANDER'S MESSAGE

Cdr Larry R. Whiting, P



HAPPY NEW YEAR!

Cdr Whiting has asked me to write his article for him this month while he is recuperating in the hospital. He sends his best wishes to everyone. In this New Year he is looking forward to seeing all of you at the January meeting where we will be holding the annual elections. We will also be voting on the new budget for 2009 in which we had to

Visit the Ship's Store!

Proudly display your boat name embroidered on:

- Shirts
- Hoodies
- Rain gear
- Sweaters
- Hats
- Fleece



- ∞ Burgees all sizes
- ∞ Ensigns
- ∞ CSPS window decals... only \$5

Colorful screen printed tee-shirts for as little as \$12!!

For information or to order e-mail Jim Igo at:
ltigo@columbus.rr.com



make some changes in the way we operate. One change is a dues increase of \$10 a year. There will be a copy of the new budget available at the meeting, so take the time to review it before voting.

The January meeting is pivotal because we are electing our new bridge and executive committee for the coming year. You are voting for people that will be making the squadron decisions. So be sure to come to the meeting and cast your vote!!

Make Headway and advance your boating skills this winter by taking one of the five classes listed in this issue.

Invite your boating friends and family to attend the Public Boating Class beginning in February. Thanks to the Judy A. Lowe Educational Fund, this class is free to the public.

May the year 2009 be the best one ever!!

Acting Commander Larry Lowe, SN

EXECUTIVE OFFICER

Lt/C Robert L. Prior, S



Most of us may recall that not long ago, an executed contract by a Canadian consortium was formed to convey 158 million gallons of Lake Superior water via tankers to Asia. It was only after the local press uncovered the pact that the public became aware. The agreement was quickly voided by Ontario authorities before the water was taken.



At the same time, there were several proposals which strongly pushed congress to approve piping Great Lakes water to the needy South West as its political clout grew.

As a result of these misguided efforts, the eight states and two Canadian provinces bordering the Great Lakes responded by banding together to discuss how to protect and better manage its water. Years of negotiation followed

by the governors to hammer out a compact that would be both agreeable and responsible. The discussions succeeded when each state legislature, governor, congress and the president signed the Great Lakes Compact into law last month. This is great news for the millions who already rely on the water from the Great Lakes for consumption, manufacturing and recreation.

The Great Lakes system, although vast, is quite fragile. Many feel that there is no reason why this immense quantity of water can't be shared with the Sun Belt and others short on water. It is important to remember that billions of gallons of water are already being diverted from our Great Lakes via the Chicago River. Its historical flow was reversed decades ago for it to drain away from Lake Michigan rather than into it.

Although this agreement is a major break through and a big step forward, we can not let down our guard. Thirsty areas of the globe will be back in the future demanding water as their circumstances become more dire.



Dear Members,
As 2008 comes to a close, it is time to reflect on the past year and think about the future. I have enjoyed serving my term as your Administrative Officer. I met many new people each month at the dinner meetings and reinstated the calling committee in an effort to boost attendance and verify our roster information first hand. This year, I am writing some resolutions that I would hope each of you will put on your list as well.



- Bring one new member to the squadron. This could be a neighbor, a new friend, or a dock mate.
- Get involved - by doing this you will meet new people, see old faces and earn a merit mark.
- Have a Vessel Safety Examination of your boat. Safety is key on the waters.

- Wear a life jacket at all times on the water. Lead by example.
- Introduce someone to the world of boating. Bring a friend on a rendezvous and show them what a fun time we have.

I look forward to being your Executive Officer in 2009. I would like to see all members with a boat have a vessel safety exam; I would like to see you volunteer at one of the boat shows we participate in; could you lend a hand at the public boating course being held February thru April? I need you – please call me.

With world economy in a downturn, this is a nice time to get something for free. It is found in your squadron – camaraderie is free. Speaking of your squadron, would anyone be interested in participating in a euchre tournament or a poker tournament once a week at squadron headquarters? If there is any interest in your home, please give me a call at 614-488-4758 or email me at mtbuckets@aol.com

Merry Christmas and a safe and Happy New Year to All!!

***PLEASE KEEP YOUR SQUADRON INFORMED WHEN YOU
CHANGE YOUR:
MAILING ADDRESS
PHONE NUMBER (including cell phones)
E-MAIL ADDRESS***



Contact Theresa Nadolson with your new information as follows:

740-587-7862

tnadolson@hotmail.com



**Looking for the
Marine Electronics
Class?**

**You just found it!
It will be starting in February, so look at
the class schedule for an exact date!
Contact Larry Lowe for details!
614-885-3601
email: lhowe7298@wowway.com**



Would you like to meet people, discuss boating and share some time with squadron members? Then the Boat Shows are for you! The 2009 show runs 10-18 January and 12-15 February. Just two to three hours of your time is needed to pass out our brochures about classes, answer any questions and greet show-goers. Contact Bob Prior to volunteer.



Richard Freys is to be congratulated on successful completion of Engine Maintenance, taught this past fall by Michael Hughes.

Our focus during winter/spring is boating courses. Jeff Mirgon is heading up the Squadron Boating Skills course again this year. It will run over nine weeks on Monday nights beginning February 23rd. This is a great place to volunteer your expertise and experience, to meet new boaters and hopefully give you a chance to encourage class members to consider joining the squadron. And don't forget, any time spent working in the class is recorded and will count toward your annual Merit Mark award.

For those of you planning to teach in the Squadron Boating Skills course or in one of the Boat Smart courses be sure to check your Instructor Qualification status. Status is granted for a term of four years. After that time each of us must receive a refresher course in order to retain our status. Instructor Qualification status is required by National for



anyone teaching in a public boating course. Skip Woodruff has agreed to teach an Instructor Qualification course on Monday evening, January 12 beginning at 6:30pm.

Member courses offered during winter/spring include Advanced Piloting, Junior Navigation, Marine Electronics, Sail and Weather. As of this writing (Dec 1) plans for the new Navigation course are not finalized. In a phone call today I was told that the company providing the software for the course has been bought. National is negotiating with the new owners to see if the software can be included with Navigation as originally planned.

STORK ALERT!

Robert & Annie Stephens are the proud parents of **Fiona Rose Stephens** born on 11-19-08 weighing in at 6 lbs 5 oz and 20" long. In Annie's words "She's altogether yummy!" Congratulations Robert & Annie and welcome to the world Fiona.



CS&PS Winter & Spring Classes 2009

| Course | First Class | Length | Instructor | Cost |
|--------------------|-------------|--------|-------------------------------|---------|
| Advanced Piloting | Mon Feb 9 | 13 wks | Bob Rayburn & Larry Lowe | \$50.00 |
| Junior Navigation | Wed Jan 14 | 15 wks | Ralph Newman | \$80.00 |
| Sail | Tue Feb 3 | 15 wks | Ken Spilke & Doug Jackson | \$40.00 |
| Weather | Mon Feb 9 | 16 wks | Walker Lowman & Skip Woodruff | \$70.00 |
| Marine Electronics | Wed Feb 4 | 16 wks | Larry Lowe | \$50.00 |

These courses will be held at Squadron Headquarters, 8492 Cotter St., Lewis Center, OH beginning at 7:30pm
For registration contact Dave Clark at 614 891-4120 or clark.32@osu.edu



**Columbus Sail and Power Squadron
Minutes of the Executive Committee
25 November 2008**

(These minutes will be approved at the December Executive Committee meeting.)

P/C Larry Lowe, SN called the meeting to order at 1908 at the Squadron headquarters, 8492 Cotter Street, Lewis Center, OH. Lt/C Robert Prior, S gave the invocation and led the Pledge of Allegiance. Roll call was taken by sight and the Assistant Secretary, Wade Grosz, AP confirmed a quorum was present. The following Executive Committee members were present: Executive Officer Lt/C Robert Prior, S; Administrative Officer Lt/C Michael Hughes, JN; Education Officer Lt/C Dave Clark, AP; Treasurer Lt/C John Mattis, S; Lt Tracy Garrett, S; Lt Ron Lavelly, JN; Lt Jeff Mirgon, S; Lt Sue Nadolson, AP; P/C David Michael, S; Lt. Wade E Grosz, AP; Lt Jim Igo.

Also present were P/C Bob Van der Wissel, AP; P/C Larry Lowe, SN.

With no objection, the order of business was varied to expedite the meeting.

The minutes of the October meeting were approved.

Report of Officers:

Treasurer Lt/C John Mattis, S:

John presented the 2009 budget for discussion and approval. The motion was made by Bob Prior to approve the new budget. It was seconded by David Michaels. The motion was approved.

Executive Officer Lt/C Bob Prior, S:

The Festival of Lights will be held at Alum Creek Reservoir. The CSPS is staffing the gate on Tuesday, 16 December and Friday 19 December.

The Ohio Boat and RV show is in January. CSPS is staffing the booth from 10 January through 18 January 2009.

The Columbus Sport and Vacation show is 12 February through 15 February. CSPS is staffing the booth there.

The Change of Watch is 7 February 2009.

I was pleased to learn that congress approved and the president signed into law a bill that exempts recreational boaters from the draconian requirement to obtain a permit to dump gray water overboard. This is a legislative breakthrough that we can credit to effective lobbying by recreational boating groups such as the USPS and Boat US. This is an excellent example of the productive use of our dues.

The Commander's Ball is 4 April 2009.

Education Officer Lt/C David Clark, AP:

Instructor Qualification class is being held 12 January 2009 at CSPS Headquarters. Class will be taught by P/DC Skip Woodruff, AP.

National has reported that Rick Freys has successfully completed Engine Maintenance, taught by Michael Hughes.



**Administrative Officer Lt/C
Michael Hughes, JN:**

Dinner Meetings:

December 6th is the Christmas Luncheon at Raymond Memorial Golf Course, located at 3860 Trabue Road Columbus, OH 43228 from 11:30-3:30 PM (luncheon served at 12:15 PM). Cost is \$30 per person. We will have a gift exchange, a silent auction and some neat items to

give away. The Sea Gals will have a collection site for Firefighters for Toys.

The January 8th Annual Elections dinner meeting will be held at the Scioto Boat Club at 3232 Indian Village Rd. Dinner will be catered by Hoggy's at a price of \$14 per person. Since this is located within a state park area, it will be a BYOD (bring your own drink) dinner. I am asking all board members to bring a dessert to share for the dinner. Social hour is 6:30 PM, dinner is at 7:30pm. Pam and Doug Jackson will be presenting their North Channel trip to us.

CRUISES & RENDEVOUS:

Dec 2nd is the meeting to schedule next year's trips. Please attend at HQ at 7:30 PM or email me with your suggestions.

CIVIC ACTIVITIES:

Jan 10-18th is the Columbus Boat & RV Show and Feb 12-15 is the Sports, Vacation and Boat Show at the Fairgrounds. We need your help with manning our booth - just 3-4 hours of your time. You will have fun with our members and also with meeting the public. Come out and help with our demonstrations, talk about our classes and pass out literature about the Power Squadron. PLUS - you get into the show for free, so come early or stay late and see the show.

MEMBERSHIP BENEFITS:

The Sherwin Williams Neighbor-to-Neighbor program saves anyone who mentions the Columbus Sail & Power Squadron 20% on most purchases.

The Kroger program benefits the squadron when you use your CSPS gift card. This card can be recharged on a regular basis by cash, check or credit card. See Bob Prior to purchase a card that is loaded with \$5. This is a great gift for the holidays. Please remember to use your Kroger card for food, gas and in the pharmacy

LOOKING AHEAD

The 2010 Columbus Sail & Power Squadron Commander's Ball will be combined with the D29 Commanders Ball to be held here in Columbus. If you would like to help plan this event with Phil Osborne and myself, please let us know.

Secretary Lt/C Steve Smith, JN:

(absent) Minutes were taken by Asst Secretary Wade E. Grosz, AP.



Immediate Past Commander, David Michaels, P

The next Galley Gossip deadline is 28 November for the January issue.

Rules Committee Chair: P/C Bob Van der Wissel, AP:

Merit mark reports are due **now**. Please forward to Bob. It was decided that there are no SOP's needed to administer the Judy A. Lowe Educational Fund. CSPS will follow the donor's wishes.

Member at large reports:

Lt Tracy Garrett, S:

There is a new Galley Gossip Sponsors Club for 2009. If you are interested in participating, send your \$20 check **per listing**, payable to Columbus Sail and Power Squadron to Tracy Garrett, 1263 Oakland Ave, Columbus, OH 43212.

Lt Jim Igo:

Jim gave a report on the ship's store. New styles and colors are available. For further information, please contact Jim.

Lt Ron Lavelly, JN:

We will have a 2009 Cruise Planning Meeting at HQ on 2 December at 1930.

Lt Jeff Mirgon, S:

An organizational meeting will be held 15 December 2009 for the boating class instructors and volunteers. The meeting will be held at 1930 at the home of Michael and Tracey, 1263 Oakland Ave, Columbus, OH 43212.

REPORT OF COMMITTEES:

STANDING COMMITTEES:

Nominating Committee: P/C Larry Lowe, SN:

There are several openings for committees. Please contact Larry if you are interested.

Sick Bay:

Cdr Larry Whiting went back to the hospital on 25 November 2008.

The next Executive Committee meeting will be on 16 December 2008 at 8492 Cotter St., Lewis Center, OH 43035.

The meeting adjourned at 2105.



The Judith A. Lowe
Education Fund
"A Simple Promise of Connection"

On January 19th, 2008, the Judith A. Lowe Education Fund sailed onto the horizon. Its purpose— to connect the public to boating education by offering the USPS Basic Boating Course free of charge.

Simply stated, it is my hope that this tribute to Judy will continue to connect the public to the USPS Basic Boating Course for years to come – ABSOLUTELY FREE!!!

Anonymous

Renew Your Opportunities!

U is for your membership
Safe boating environment through education
Providing assistance to others
Shared experiences are lasting

Many opportunities to learn and lead
Education for a safer boating public
Member connections across the country through port captains

Benefits to enhance your boating skills
Elective classes expand your boating horizons
Rendezvous with fellow boaters
Share experiences by taking someone boating
Happy memories
Involvement with community outreach benefits others and enriches your life
Pay back the squadron for help received

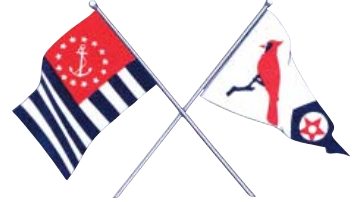
**Columbus Sail and Power Squadron
Candidates for Elected Positions 2009 - 2010
(Term ending January 2010)**

Pursuant to sections 5.2 to 5.7, 6.8, 6.8.2, 11.1 and 11.2 of the Bylaws of the Columbus Sail and Power Squadron, The nominating Committee hereby nominates the following candidates for the 2009 Annual Election to be held on January 8, 2009. Please refer to the CSPA roster for candidate information.

* Denotes Executive Committee member

Bridge:

| | |
|---------------------|--------------------------------------|
| Robert Pryor, S | Commander* |
| Michael Hughes, JN | Executive Officer* |
| Matthew Murphy, P | Administrative Officer* |
| David Michael, P | Squadron Education Officer* |
| Steven Smith, JN | Secretary* |
| Theresa Nadolson, S | Treasurer* |
| Jeffrey Mirgon, S | Assistant Squadron Education Officer |
| Brice Nadolson | Assistant Treasurer |
| Wade Grosz, AP | Assistant Secretary |



Members at large - Elect nine (9)* :

Underline Indicates Incumbent

| | |
|--|---|
| David Brewer | <u>Jeffrey Mirgon, S</u> |
| Fred Card, S | William Mohrman, AP |
| Tammy Cohee, AP | Steven Newton, P |
| <u>Tracy Garrett, S</u> | Thomas Norman, S |
| <u>Wade Grosz, AP</u> | Robert Stevens II, P |
| <u>Ronald Hupman, S</u> | Robert Van der Wissel, AP |
| Mary Mirgon | |
| Ch/Rules/ Comm | Roger Hankle, SN* |
| Rules Committee 2 nd Year | Theresa Nadolson |
| Rules Committee 2 nd Year | Mike Cohee, AP |
| Rules Committee 3 rd Year | David Ehrbar, AP |
| Rules Committed 3 Year Term | Robert Van der Wissel, AP |
| Rules Committee 3 Year Term | Ronald Lavelly, JN |
| Audit Committee Chairman | Donald Delewese, JN |
| Audit Committee- 3 yr Term | Thomas Norman, S |
| Nominating Committee: Chairman | Ronald DeCapio, AP |
| Nominating Committee: 2 nd Year | David Michael, P |
| Nominating Committee-3 Year Term | Larry Whiting, P |
| Immediate Past Commander* | Larry Whiting, P (automatically serves) |

Respectfully Submitted by the Nominating Committee, November 2008
P/C Larry Lowe,SN Chairman
P/C Ronald DeCapio,AP P/C David Michael, P

Holiday Party - 6 December Raymond Memorial Golf Course



Michael Hughes receives the 2008 River Rat award as Ron tells the story.



2008 Bungle Jug award winner Tom Norman listens as the North Channel story is recounted.



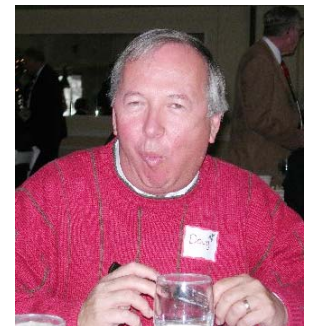
Ron Lavelly, Jim Igo, Linda Lavelly & Lucy Grosz.



Donna & Tom Moorehouse



Phil Osborne, Mary Kiser, Ruth Wilcox.



Doug Jackson says 'you can have your cake and eat it too.'

Why are we sinking?

Sad to say, it is almost always from neglect with a dash of accident or oops involved. Here are some surprising statistics about sinking. One of the most common is sinking at the dock. As strange as it sounds, it happens. 50% of dockside sinking is due to underwater fittings. 12% were from stuffing box leaks, 11% from outdrive shift bellows, 8% from failed hoses or hose clamps and another 8% from sea strainers and drain plugs.

Rain and snow account for a whopping 32% of dockside sinking. Self draining cockpits get clogged with leaves or the vessels cover is not supported enough and becomes a bath tub. Water weighs a little over 8 pounds per gallon. The cockpit of a sailboat will hold over a hundred gallons of water. That's 800+ pounds just on the stern of a vessel. Now picture all that weight in a vessel that is on the dry. That is a bunch of downward force on the hull where the cradle pads meet.

Fittings above the waterline cause 9% of sinking. How you might ask? If the vessel is weighted down with water, snow and ice, the vessel sits lower in the water. What used to be on the topsides is now below the waterline. All those thru-hulls above the waterline get hit with UV rays and the occasional dockside bump. This, along with a bad connection, clamping and old hose on the inside lead to water finding its way in.

Finally, the last 8% are due to poor docking arrangements. The water level drops and the vessel finds itself under the dock. The occasional wake or storm drives it up and under the dock causing topside damage and water intrusion. The last 1% falls under "other". Let's just leave that to the minds eye and let it go.

Now, how do we fix this sinking feeling? The best way is to keep the water from entering the boat in the first place. Proper up keep and a sharp eye will keep the fittings and thru-hulls in good working order. We have all heard the expression, if it is not broken, don't fix it. This might apply to some but not to all. Hoses and thru-hulls have a life span. Heavy use and contact with the sun or a strike will shorten that span dramatically. Stuffing boxes need re-packed and adjusted, sea strainers need cleaned and clamps need to be replaced (doubled and reversed clamping of course). Make that extra trip up to inspect the boat in the off season. Check to see the scuppers are clear and the cover is well supported. Those of you with outdrives **Beware!** The bellows are not expensive but the cost to

replace them can be. If you need to change one, then change them all. If you even think they need changed, do it. I can not stress this enough. One day you will get that call from the marina saying your boat is sticking bow up with the stern firm in the mud. Your power plant is under and the wiring and batteries are sleeping with the fishes. Now that is expensive! Insurance companies are becoming less and less tolerant to claims that could have been prevented by regular upkeep.

Once the water is in, we need to get it out. One bilge pump is not enough and one dedicated battery for your pump(s) is asking for trouble. Here is why. Assuming your battery is fully charged and the bilge pump(s) do not become clogged by floating stuff (we always have that floating stuff). Let's do some math. A tiny 3/8" hole in the bellows that is one foot below the waterline allows in 2.7 gallons per minute (gpm), that is 162 gallons per hour (gph). Your bilge pump is maybe 500 gph — this is not a problem so long as the float switch works and is not blocked, the battery never quits and the pump does not burn up. Once something fails, your vessel will have 3,888 gallons of water inside in one day. That's 32,270 pounds of water all from a 3/8" hole.

Let's look at a thru-hull failure this time. A 1" hole from a seacock hose gives away (been there and done that) located approx. two feet below the waterline. 27.8 gallons per minute come rushing in at 1,668 gallons per hour. If we had three 500 gph bilge pumps, it will take a matter of minutes before they are overwhelmed and the boat is heading down. Not to mention the weight of the water (remember 8.3 pounds per gallon). This example happened and was caused by a small weak spot in a discharge hose below a galley sink. The hose had rubbed a bulkhead for years and went unnoticed. One day, whoosh and to the bottom she goes in less than 20 minutes. All bilge pumps were flowing and the batteries had a good charge.

What I'm saying here is simply that we all need to take some time to inspect and replace that stuff we forget about. Like a pilot's checklist before take off, we should have a custom list for your specific vessel and follow it. A spring time list (the big one), a monthly checklist and a smaller list that we follow **every** time we leave dock.

They bored a hole below her line

To let the water out,

But more and more with awful roar

The water in did spout.

— "A Sailors Yarn," J.J. Roche

As we sit home, many cold nights, the water and wind haunts us. Is there nothing we can do to fill this void and keep our dreams alive? Till spring comes again, we must endure the sleepless nights and lack of sunlight we so desperately need. How shall we survive? What will we do? My response is simple.....EBay!

I truly enjoy hearing from you and helping when ever possible. Keep your chins up, spring is coming....I think.

Please feel free to send you suggestions for future issues to dan@qudeck.com. Please address the e-mail subject line as *Galley Gossip*. If you wish to mail a suggestion, you may do so at P.O. Box 43 Lancaster, Ohio 43130 or give me a call at (740)808-2586.

Around this time of year many of us resolve to be better partners or parents...better members of this global community in some way. We resolve to come closer to our full potential, oftentimes by increasing something we don't like or by cutting back on something we do like! We look at our goals with optimism and try to figure out the least painful or easiest way to attain them. That becomes that year's resolution! We never make a resolution to do more often something we actually like, right?

Well, this year give yourself permission to resolve to do something that feels terrific and is good for you too! And nobody said you could have only one resolution, so even if you've already made one you don't have to stop reading. But we all know it's hard to commit to (or find the time for) more than one resolution, especially if they don't fall within the "feels good", "tastes good category"! I imagine if you ever resolved to eat your favorite guilty pleasure every day, you'd manage to find the time to do it somehow, even if you'd also resolved to sleep in an hour every day! If you're happy with the not-so-fun resolution you already made, feel free to add this one to it!

January is a great time for evaluation, planning, action and variation! That's at the heart of this resolution so first do a little self-check. What aches? What doesn't move like it used to? Are headaches or insomnia or stomach issues starting to happen more often? Do you feel well? Could you feel better?

Next, make an appointment! Have a habit you want to shake? Call an acupuncturist! Want to improve your flexibility for the coming season? Drop in on a yoga or pilates class! Want to reduce your stress, try a meditation CD or find a meditation group! Interested in a different type of bodywork? Ask your massage therapist for a recommendation or referral! Want to change what you eat but not the way you eat? Take a healthy cooking class or see a nutritionist!

The next part is the easiest. Go to the appointment or class or whatever it is and enjoy it! Breathe, soak it in and enjoy it!

Once you've tried that class or treatment or session, evaluate if you'd like to do it again. Did it work for you? Is it a good fit? Want to do it again or try something else? Resolve to once a month do something for yourself that's healing and will make you feel terrific. Or, better still, make that once a week!

By spending just a little time for yourself and going through the easy steps of evaluating your experiences you'll be amazed at how much more active you'll become in your own life and in the lives of your loved ones. You'll also see how close to your full potential you can come!

CSPS Member Annie Stephens is a Licensed Massage Therapist and Reiki Master. She is the proud owner of Bliss Bodyworks. www.BlissBodyworks.com

Laughter...the best medicine?

Two Mexican detectives were investigating the murder of Juan Gonzalez.

"How was he killed?" asked Detective Miguel.

"With a golf gun," replied detective Jose.

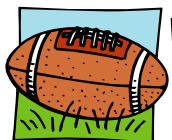
Det. Miguel asked, "A golf gun? What is a golf gun?"

Det. Jose replied, "I don't know. But it sure made a hole in Juan."

The huge college freshman decided to try out for the football team. "Can you tackle?" asked the coach. "Watch this," said the freshman, who proceeded to run smack into a telephone pole, shattering it to splinters. "Wow," said the coach. "I'm impressed. Can you run?"

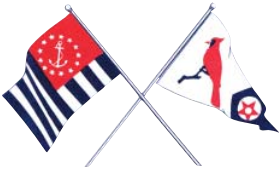
"Of course I can run," said the freshman. He was off like a shot, and, in just over nine seconds, he had run a hundred yard dash. "Great!" enthused the coach. "But can you pass a football?" The freshman hesitated for a few seconds.

"Well, sir," he said, "if I can swallow it, I can probably pass it."



New Rule: There's no such thing as flavored water. There's a whole aisle of this crap at the supermarket, water, but without that watery taste. Sorry, but flavored water is called a soft drink. You want flavored water? Pour some scotch over ice and let it melt. That's your flavored water.

Another New Rule: Stop giving me that pop-up ad for Classmates.com! There's a reason you don't talk to people for 25 years. Because you don't particularly like them! Besides, I already know what the captain of the football team is doing these days: mowing my lawn.



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